



LYCHEE & MINT SMOOTHIE

SERVES 2

INGREDIENTS:

- 10 fresh Lychee fruits (peeled and seed removed)
- 1 cup crushed ice
- ¼ cup fresh mint leaves
- Sugar - to taste

INSTRUCTIONS:

1. Place all ingredients in a blender.
2. Blend on high speed until smooth.
3. Taste and add more sugar, if needed.
4. Garnish with a mint sprig before serving.

