



## NOPAL JUICE

SERVES 4

*INGREDIENTS:*

- 1 (12 oz.) bag of Latin Specialties Nopalitos
- 4 cups (32 oz.) of orange juice
- 2 slices of fresh pineapple (each slice should be one inch thick)
- 1 rib (stick) of celery
- ½ cup cilantro (about 30 sprigs)
- 1 small lime (juiced)

*INSTRUCTIONS:*

1. Combine the nopalitos, orange juice, pineapple, celery and cilantro in a blender.
2. Blend on high speed until smooth.
3. Pour the lime juice into the mixture and stir.
4. Chill juice for at least an hour before serving.

*NOTES:*

- \* Orange juice can be diluted or completely replaced with natural water to lower the sugar content.
- \* The sweetness of the pineapple will still produce a tangy tasting juice.

